

## **Need in-home mother/baby services? Visit our affiliated [Home Health Program](#) for more information.**

### **Maternal-Newborn Home Care**

Expect the same compassionate maternity and postpartum care in the comfort of your own home as that you've come to expect from Riverstone Homehealth Maternal-Newborn Homecare program. Trust our expert Home Care registered nurses to provide pre- and post-delivery maternity care for you and your new baby during situations that may benefit from additional medical supervision.

#### **BENEFITS OF MATERNAL-NEWBORN HOME CARE**

Riverstone Homehealth Maternal-Newborn Homecare provides home-based maternity services which gives you and your baby the extra support you need to start your life together as successfully as possible outside the hospital. You can get guidance to:

- Improve mother-baby bonding
- Stabilize your postpartum condition
- Learn more about infant care and newborn management
- Establish stable feedings and infant nutrition

#### **MATERNAL-NEWBORN CONDITIONS WE TREAT**

You may benefit from Riverstone Homehealth Maternal-Newborn Home Care Program if you or your baby experience any of these pre- or post-delivery conditions:

- Apnea
- Asthma
- Bronchopulmonary dysplasia (BPD)
- Cerebral palsy
- Congenital conditions
- Developmental delays
- Diabetes
- Drug-exposed infants
- High-risk pregnancy
- Neurological conditions
- Prematurity

- Reflux
- Spina bifida
- Wounds

### **MATERNITY HOME CARE SERVICES WE PROVIDE**

Depending on need, your experienced registered nurse could provide you with a variety of medical services, including:

- Temperature, pulse, respiration and blood pressure monitoring
- Fluid nutritional intake assessment
- Fundal height and position measurement (size and position of your uterus)
- Bowel and bladder function assessment
- Examination of the condition of your breasts, lochia, episiotomy, perineum, tubal ligation of C-section incisions
- Postpartum education for newborn care, including cord/circumcision care, feeding, bathing, infant safety and more

Your nurse can also provide necessary newborn assessment services, particularly for infants who previously required care in the Neonatal Intensive Care Unit (NICU), including:

- Temperature, pulse, respiration and weight
- Muscle tone
- Cord and skin condition
- Nutritional intake
- Bowel and bladder function
- Jaundice
- Activity and sleep patterns

### **SCHEDULE A FREE HOME CARE CONSULTATION**

Talk to an Riverstone Healthcare Home Care representative about your maternal-newborn home care needs. To schedule a free assessment, call 206-653-7580 (Mon-Fri 9-5) or page 206-969-4302 (after office hours).

### **FREE BIRTH CONSULTATIONS**

Discuss your birth plan, upcoming delivery and hospital stay one-on-one with a compassionate Maternal-Newborn care registered nurse with Riverstone Healthcare.